



## HOW DO I CONTACT THE ADDICTION SUPPORT SERVICE SUCHTHÄLLEF?

If you are interested in how Suchthëllef services can support you or if you would like to have more information, please do not hesitate to contact us.

You can get in touch by means of:

- self-referral using a letter requesting support via the internal mail (CPL)
- self-referral using the appointment cards available at the PGC (CPG)
- referral from your SPSE or SCAS officer
- referral from an SMPP service member
- referral from a correction officer on your landing

During a first meeting, we will listen to your needs and expectations in order to make sure that we can support you and respond to your request in the best possible way.



## SUCHTHÄLLEF

OUR MISSION AND SERVICES OFFERED



**Rehaklinik**  
SUCHTHÄLLEF

## WHO ARE WE?

The *Suchthëllef* is a service of the Rehaklinik in Ettelbrück. Our mission is to support people who have been affected by substance use and dependency problems within the prison facilities of the Grand Duchy of Luxembourg.

This support is provided by a multidisciplinary team.

Our main objective is to assist and support you in your desire for change and recovery process.

We offer the possibility to all people with substance use and dependency difficulties to work at an individual and/or group level.



## SERVICES PROVIDED TO ALL PRISONERS

### Preventative healthcare and health education

The purpose of this service is to provide you with information and increase your awareness on topics concerning your health. With this in mind, we organise various activities throughout the year:

- Preventative healthcare group sessions

After your arrival within the Luxembourgish prison service, you will automatically be invited to a group meeting on disease prevention (HIV, hepatitis, COVID-19, etc.).

You will also have the possibility to request an individual meeting or to receive documents containing information on preventative healthcare in various languages.

- Preventative healthcare campaigns and days
- Reduction of risk and psychoactive substances



## SERVICES PROVIDED TO ALL PRISONERS WITH SUBSTANCE ABUSE AND DEPENDENCY PROBLEMS

### Individual support

One-to-one care is provided once your self-referral letter or third party referral is received and reviewed by the team. This will allow us to assist you in the best way possible in your recovery process and treatment plan.

Each treatment provision will take into account your specific needs. We ensure the continuity of your care across the various prison facilities in the Grand Duchy of Luxembourg.

The *Suchthëllef* service offers support in the following languages:

- Luxembourgish
- German
- French
- Portuguese
- English

### Group support

In case you would like to engage in a more in-depth and extensive preparation for your therapy in the community or for your social and professional reintegration after your release from custody, you also have the possibility to avail of group interventions. This group support is available to you in addition to your individual work.

Our group intervention programmes include:

- Programme Charly (CPL)
- Programme Charly-bis (CPL)
- Specific Women's Programme (CPL)
- Project S-Team (CPG)
- Specific groups (CPG)

Each group support offer, entails a set of group therapy and training programmes adapted to the needs of people suffering from addiction and substance use problems.